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Swellable mucoadhesive hydroxypropyl methylcellulose microparticles incorporating ibuprofen for the local treatment of inflammatory diseases in the oral cavity

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ABSTRACT

The pharmaceutical products for local oral/buccal cavity treatments are limited and unsatisfactory. Herein, we developed and characterized the hydroxypropyl methylcellulose (HPMC, grade K100M, viscosity of 75,000–140,000 cps) microparticles for the local administration and disease treatments in the oral cavity. Ibuprofen was used as a model drug. First, using the desolvation method, with varied factors, the optimal formulation condition included (1) the initial ibuprofen amount of 60 mg, (2) the stirring time of 60 minutes, (3) the stirring temperature of 25°C, (4) the centrifugal time of 10 minutes, and (5) the centrifugal speed of 6,000 rpm, which yielded particles with a size of $13.47 \pm 0.32 \,\mu$ m, a rapid swelling property, the drug entrapment efficiency of $61.23\% \pm 1.04\%$, and the weak interactions between ibuprofen and HPMC. Second, compared with the free drug aqueous suspension, the ibuprofenloaded HPMC microparticles showed a sustained release pattern with a maximum release amount of nearly 100%. Lastly, the particles possessed high mucoadhesive properties in the *ex vivo* test using the buccal mucoadhesive drug delivery system.

INTRODUCTION

Maintaining satisfactory oral health and hygiene is one of the crucial factors affecting human well-being, both emotionally and physically. The most common oral/buccal cavity diseases include periodontal illnesses, oral infections, dental caries, oral cancers, and especially oral inflammations (World Health Organization, n.d.). Since these disorders occur locally in the oral/buccal cavity, local treatments gain numerous advantages, such as direct targeting and systemic-side-effects reduction (Holpuch *et al.*, 2011; Sankar *et al.*, 2011). To this end, numerous pharmaceutical products have been formulated, characterized, and commercially available, namely Actisite[®] (tetracycline-loaded polymeric fibers), Arestin[®] (minocycline-incorporated polymeric microspheres), and PerioChip[®] insert (chlorhexidine-loaded hydrolyzed-gelatinous matrix) (Song *et al.*, 2014). Although these products demonstrate much potential for local oral diseases, optimal systems are limited due to the problems of inadequate drug effectiveness and short drug retention time at the targeted action sites (Nguyen and Hiorth, 2015).

In fact, one of the critical obstacles in oral drug delivery systems is the drug solubility, retention, and release properties (Huynh *et al.*, 2022; Nguyen *et al.*, 2021). To that end, carrier technology provides an innovative approach to oral drug delivery by incorporating the drugs with, for example, microparticulate delivery systems that modulate the drug's release, retention, and solubility characteristics. These systems provide several advantages, such as enhanced drug efficacy, decreased drug toxicity, and increased patient compliance (Prajapat *et al.*, 2013). In addition, the use of an *in situ* release drug delivery system in treating infections in the oral cavity has brought convenience to the use of the drug and, at the same time, supported special populations with difficulty swallowing (i.e., children, elders). Microspheres, defined as "monolithic spheres or therapeutic agents distributed

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throughout the matrix as molecular dispersions of particles," are particles possessing diameters in the range of $1-1,000 \,\mu m$ (Dolma Gurung and Kakar, 2020). With the strong applications of nano-/ microparticles in numerous biomedical areas (Chomchalao et al., 2020; Pham et al., 2019, 2020, 2022, 2023b; Pham and Tiyaboonchai, 2020, 2021), it is considered a new and superior oral drug delivery system with the following outstanding properties of (1) possessing large contact surface area and uniformly distribution capacity, (2) protecting the drug substances, (3) drug retention locally and prolonging the effect of the drug, and (4) reducing the risk of irritation and unwanted effects (Ramteke et al., 2012; Varde and Pack, 2004). Nevertheless, limited publications in the field of microparticles for oral cavity/buccal drug delivery have been reported, with only 13 related articles in the PubMed database (accessed 25 February 2023, keywords "microparticles buccal"). Therefore, it is crucial to develop novel products for the local drug delivery in the oral/buccal cavity.

One of the interesting approaches is to formulate swellable mucoadhesive systems. To this end, hydroxypropyl methylcellulose (HPMC), an alkyl hydroxyalkyl cellulose mixture containing a methoxy or hydroxy group that is widely applied to prepare controlled oral drug delivery systems (Li et al., 2005), has gained much potential. The hydration rate of HPMC, and it's high swelling property that affects the drug release, increased with increasing hydroxypropyl content (Salsa et al., 2008). Previously, HPMC has been utilized in numerous controlled-release drug delivery systems. For instance, Tundisi et al. (2021) have applied HPMC in eye drops to increase the drug retention time in the eye and reduce drug side effects; Lee et al. (1999) successfully loaded melatonin into an HPMC-based tablet to control melatonin release; and Turkoglu and Ugurlu (2002). reported the development of 5-aminosalicylic tablet coated with a pectin-HPMC complex to transport/protect the 5-aminosalicylic to/in the intestine. Nevertheless, as far as we know, no study has considered the use of HPMC for the fabrication of a mucoadhesive local drug delivery system in the mouth.

Considering all aforementioned issues, this study developed and characterized the swellable mucoadhesive HPMC-based microparticles, incorporating ibuprofen, for treating inflammatory diseases in the oral cavity. Ibuprofen was chosen as a model drug because (1) it is a nonsteroidal antiinflammatory drug generally used to alleviate the inflammation in the oral cavity (Nakagita et al., 2020) and (2) it belongs to the Biopharmaceutical Classification System class II, with high permeability and low solubility, which possibly needs a delivery system to enhance its solubility and dissolution profile (García-Arieta et al., 2015). Various formulation parameters were first screened for the optimal microparticle formula, including the amount of loaded ibuprofen, the stirring time and temperature, and the centrifugal time and speed. Then, the particles' physicochemical properties were fully characterized. Finally, the in situ drug release rate and the mucoadhesiveness of the system were evaluated in simulated oral cavity conditions.

MATERIALS AND METHODS

Materials

HPMC, grade K100M (viscosity of 75,000–140,000 cps), and ibuprofen were imported by Sigma-Aldrich, Singapore.

Dichloromethane (DCM) and liquid paraffin were bought from Xilong, China. The porcine buccal mucosa was supplied by the local slaughterhouse in Can Tho City, Vietnam. All other chemicals and reagents were of reagent grades or higher.

Blank HPMC microparticles formulation

The HPMC microparticles were prepared by simple desolvation method (Godbee *et al.*, 2004), in which the HPMC was first dissolved in DCM at room temperature, followed by the dropwise addition of liquid paraffin into the solution with continuous stirring using a magnetic stirrer for 2 hours. Since HPMC is not soluble in liquid paraffin, the HPMC was dissolved from the DCM solution, and finely dispersed polymeric particles were spontaneously formed. Finally, the microparticles were filtered, centrifuged, and washed thrice with n-hexane and dried at ambient temperature (Raut *et al.*, 2013).

To achieve the optimal formula with the smallest sizes and highest yield efficiencies, two main formulating parameters were surveyed, including (1) the HPMC:DCM ratio (1:10, 1:15, 1:20, 1:25, 1:30, 1:35, and 1:40 w/v), and (2) the liquid paraffin amount (30, 40, 50, and 60 ml). The best formula, in terms of particle sizes and yield efficiencies, was utilized to encapsulate the model drug, ibuprofen.

Ibuprofen-loaded HPMC microparticles formulation

Similar to the blank HPMC microparticle formulation, the desolvation method was used to fabricate the ibuprofenloaded HPMC microparticles. For this, ibuprofen was dissolved in the DCM solution containing the HPMC with optimal HPMC:DCM ratio. Then, the liquid paraffin was slowly subjected to the solution, stirred, and the obtained particles were filtered, centrifuged, washed thrice with n-hexane, and air-dried.

To obtain the optimal formula, various factors were considered, namely (1) the initial amount of ibuprofen (30, 40, 50, 60, 70, and 80 mg), (2) the stirring time (30, 60, and 120 minutes), (3) the stirring temperature (25, 45, and 60°C), (4) the centrifugal time (5, 7, and 10 minutes), and (5) the centrifugal speed (4,000, 5,000, and 6,000 rpm). The condition with the highest drug entrapment efficiency was utilized to formulate the optimal microparticles.

Microparticles' physicochemical characterizations

The HPMC microparticles (blank and drug-loaded) were physicochemically characterized in terms of (1) the particle sizes and polydispersity indexes, (2) the particle shapes and morphology, (3) the drug entrapment efficiencies, and (4) the drug-material interactions.

For the particle sizes and polydispersity indexes, the laser diffraction technique was employed (Microtrac S3500 analyzer), utilizing the Mie principle (Fraunhofer theory) of light scattered from laser beams upon contacting a particle stream, which were measured with an array of optical detectors and analyzed using the Microtrac software.

The shapes and morphology of the HPMC microparticles, both in their dry solid state and in the wet swelling state after contact with water, were determined using the scanning electron microscopy (SEM) technique (Carl Zeiss

Microscopy, 2.00 kV, Germany). The particle dispersions were dropped and immobilized on 100 nm plastic slices, followed by mounting on a metal base, coating with a 10 nm thick gold layer and being analyzed by the SEM.

The drug entrapment efficiencies were measured using the direct method with UV-Vis spectroscopy. Briefly, the ibuprofen-loaded HPMC microparticles were extracted with methanol, and the amount of ibuprofen incorporated in the particles was quantified by UV-Vis spectroscopy at the λ_{max} of 272 nm and a standard curve of y = 907.94x - 13.217 ($R^2 =$ 0.9992, range: 0–1,000 ppm). The drug entrapment efficiencies were calculated based on Equation (1). The UV-Vis method was fully developed and validated following the ICH Q2(R1) validation of analytical procedures. The method showed high specificity, linearity with the correlation coefficient of R^2 = 0.9992 (>0.995), precision with relative standard deviations (RSD%) of $0.415\% \pm 0.020\%$ (<2%), and accuracy with recovery percentages of $100.79\% \pm 0.13\%$ (in the range of 98.0%–102.0%). Furthermore, the method demonstrated a low limit of detection (LOD) of 0.5 ppb and a limit of quantitation of 2 ppb.

Drug entrapment

efficiency (%) =
$$\frac{\text{Ibuprofen amount in the particles}}{\text{Initial ibuprofen amount}} x100\%$$
 (1)

The particle structures and drug-material interactions were determined using Fourier-transformed infrared spectroscopy (FT-IR) (Jasco 6300 spectrophotometer, Japan) with the KBr pelleting technique. The spectra were obtained in a wavenumber range of $4,000-400 \text{ cm}^{-1}$ at 4.0 cm^{-1} resolution.

In situ drug release test in simulated oral cavity condition

The ibuprofen release patterns from the HPMC microparticles were assessed in the in situ setting, utilizing the real unstimulated saliva from a human donor (Colombo et al., 1999; Siepmann et al., 1999). To this end, 5 mg of the ibuprofen-loaded HPMC microparticles was added to a shaker chamber containing an initial amount of 1 ml of saliva. The pure ibuprofen aqueous suspension (5 mg ibuprofen in 0.2 ml water) was used as a reference. To mimic the oral cavity, the chamber was shaken at 20 rpm, and the saliva flowed continuously in and out of the chamber at a rate of 0.25 ml/minute using a peristaltic pump. At each end of the saliva-filling lines, a 0.22- μ m membrane was used to cover the lines opening and avoid particle loss. The whole chamber was put in a water bath with a set temperature of $37^{\circ}C \pm 0.5^{\circ}C$. At each time interval of 1, 3, 5, 15, 30, 60, 90, and 120 minutes, the sample was withdrawn, centrifuged (6,000 rpm, 20 seconds) to remove the particles, and the supernatant was diluted with methanol. Finally, the released ibuprofen was UV-Vis spectroscopic measured at λ_{max} of 272 nm, and the released amount was calculated using the standard curve of ibuprofen in methanol. The cumulative release of ibuprofen was determined following Equation (2).

% Cumulative release =
$$\frac{C_t V_0 + V_{\sum_1}^{t-1} C_i}{M_0 - \sum_1^{t-1} M_i} \times 100 \,(\%)$$
 (2)

where C_i and C_i were the concentrations of released ibuprofen at the time points t and i, V_0 was the total volume of the release buffer, V was the withdrawal volume, M_0 was the ibuprofen initial amount, and M_i was the ibuprofen withdrawal amount at the time point i.

Ex vivo mucoadhesion study

The mucoadhesive property of the blank HPMC microparticles and the ibuprofen-loaded HPMC microparticles on the porcine buccal mucosa was determined by a texture analyzer, of which the required forces used to detach the particles from the mucosa were measured (Nafee et al., 2004). For this, 5 mg of the particles were mixed with 1 ml of unstimulated saliva and immediately applied on the upper probe of the texture analyzer to form a thin gel layer (due to the swellable property of the HPMC microparticles). The pure ibuprofen aqueous suspension (5 mg ibuprofen in 0.2 ml water) was used as a reference. Then, the porcine buccal mucosa (freshly obtained from the certified local slaughterhouse and kept in phosphate buffer until used) was placed onto the texture analyzer tissue holder, and 500 μ l of the unstimulated saliva was added to the mucosa surface. Finally, the probe was lowered to initiate the contact between the HPMC particles and the tissue surface, and the force (N) required to separate the particles from the mucosa was reported (Nafee et al., 2004).

Statistical analysis

All experiments were performed in triplicate. The quantitative results were expressed as mean \pm standard deviation (SD). Student's *t*-test and ANOVA were used for statistical comparison between samples, and the *p* values were set at <0.05 for significant differences.

RESULTS AND DISCUSSIONS

Blank HPMC microparticles formulation

Prior to the formulation of ibuprofen-loaded HPMC microparticles, the optimal blank formula was determined by varying the HPMC/DCM ratio and the paraffin volume, taking the particle sizes and yield efficiencies into consideration (Table 1). For this, an increase in the DCM amount significantly reduced the particle sizes from ~36 μ m (ratio 1:10) to ~12 μ m (ratio 1:25 and higher). Since the desolvation method was employed for HPMC microparticle formulation, the dispersion viscosity strongly affected the resulting particle sizes. Thus, the more DCM, the less viscosity of the dispersion and the higher the shearing efficiency, consequently yielding smaller particles. These data were in accordance with a previous study (Raut *et al.*, 2013). Additionally, an increase in liquid paraffin amount, up to 50 ml, gave more particles (i.e., higher yield efficiency). As paraffin was used as a desolvating agent, a low amount might not be sufficient to desolvate the HPMC; thus, some HPMC molecules remained in the DCM solution, reducing the particle amounts. Conclusively, to reduce harmful chemical usage and avoid environmental issues, the HPMC/ DCM ratio of 1:25 w/v and the paraffin amount of 50 ml were chosen to formulate ibuprofen-loaded HPMC microparticles.

Table 1. Effects of the HPMC and DCM ratio (w/v) and the liquid paraffin volume, on the blank HPMC microparticle sizes and yield efficiencies, respectively (n = 3).

HPMC/DCM ratio (w/v)	Particles size (µm)	
1:10	35.89 ± 3.12^{a}	
1:15	$25.32 \pm 1.80^{\text{b}}$	
1:20	$19.20 \pm 1.25^{\circ}$	
1:25	12.24 ± 1.11^{d}	
1:30	12.35 ± 0.97^{d}	
1:35	12.38 ± 1.46^{d}	
1:40	$14.56 \pm 1.53^{\circ}$	
Paraffin volume (ml)	Yield efficiency (%)	
30	79.5 ± 8.1^{a}	
40	81.5 ± 6.9^{a}	
50	95.5 ± 4.2^{b}	
60	$95.9 \pm 9.1^{\mathrm{b}}$	

Different letters denote significant differences between samples in the same categories.

Table 2. Effects of formulation factors of (1) the initial amount of ibuprofen, (2) the stirring time, (3) the stirring temperature, (4) the centrifugal time, and (5) the centrifugal speed on the entrapment efficiencies of the ibuprofen-loaded HPMC microparticles (n = 3).

Parameter	Entrapment efficiency (%)	Parameter	Entrapment efficiency (%)
Ibuprofen initial amount (mg)		Stirring temperature (°C)	
30	$39.23\pm2.60^{\mathrm{a}}$	25	$57.69 \pm 1.15^{\text{a}}$
40	$42.27\pm1.85^{\mathrm{b}}$	45	$59.33 \pm 1.53^{\text{a}}$
50	$52.61\pm1.05^{\circ}$	60	$58.07 \pm 1.08^{\rm a}$
60	$60.50\pm3.08^{\rm d}$	Centrifugal time (minute)	
70	$53.38 \pm 1.12^{\text{ce}}$	5	$42.74\pm0.58^{\text{a}}$
80	$45.92\pm4.26^{\rm bf}$	7	$46.39\pm0.57^{\rm b}$
Stirring time (minute)		10	$59.12\pm1.26^{\circ}$
30	$47.35\pm1.15^{\rm a}$	Centrifugal speed (rpm)	
60	$60.67\pm0.57^{\mathrm{b}}$	4,000	$45.43\pm0.58^{\text{a}}$
120	$59.85\pm0.61^{\mathrm{b}}$	5,000	$52.70\pm0.63^{\rm b}$
		6,000	$59.08\pm2.02^{\circ}$

Different letters denote significant differences between samples in the same categories.

Ibuprofen-loaded HPMC microparticles formulation

From the optimal blank formula, the ibuprofen-loaded HPMC microparticles were fabricated. To this end, various factors were additionally investigated (Table 2). First, the amount of active ingredient ibuprofen was varied, in which the initial amount of 60 mg ibuprofen resulted in the highest entrapment efficiency of $60.50\% \pm 3.08\%$. This amount was considered the "saturation point" (i.e., the point at which the drug concentrations inside and outside the particles are equilibrated) since both lower amounts and higher amounts reduced the drug encapsulations (Pham *et al.*, 2023a). Second, the stirring time of 60 minutes increased the entrapment

efficiency compared to that of 30 minutes, and this value did not increase at 120 minutes, suggesting that 60 minutes was the minimal formulation time to adequately form HPMC particles. Third, the optimal preparation temperature was 25°C (i.e., room temperature) since a higher temperature did not yield significant differences in drug entrapment efficiencies. Theoretically, an increase in temperature reduces the solution viscosity, making it easier to form particles and encapsulate the drugs (Secton, 2006). However, this was not the case in our results, possibly due to the high DCM volume that considerably made the solution less viscous. Finally, the centrifugal time and speed of 10 minutes and 6,000 rpm, respectively, could completely recover most particles, leading to the highest drug entrapment efficiency values. In summary, the optimal condition included (1) the initial ibuprofen of 60 mg, (2) the stirring time of 60 minutes, (3) the stirring temperature of 25°C, (4) the centrifugal time of 10 minutes, and (5) the centrifugal speed of 6,000 rpm.

Microparticles physicochemical characterizations

The optimal ibuprofen-loaded HPMC microparticles were evaluated for their physicochemical properties of particle size, morphology, drug entrapment efficiency, and drugmaterial interaction. For this, the particle size was $13.47 \pm$ 0.32 μ m (Fig. 1A), slightly bigger than the blank counterpart $(12.24 \pm 1.11 \ \mu m)$, possibly due to the encapsulation of ibuprofen on the particle surfaces. Moreover, the particle polydispersity index was 0.218 ± 0.025 , suggesting narrow size distributions. Regarding the particle morphology, the SEM images revealed the pellet aggregated HPMC microparticles in the dry solid state (Fig. 1B), which rapidly swelled and formed gel upon contact with water (Fig. 1C). The ibuprofen entrapment efficiency was $61.23\% \pm 1.04\%$, which was acceptable for the microparticles in loading drugs (Pham et al., 2022, 2019). Lastly, the drug-material interactions were investigated using the FT-IR method (Fig. 2). Obviously, the characterized ibuprofen peaks, such as 1,721 cm⁻¹ (C=O), 1,506 cm⁻¹ (C=C), and 1,184 cm⁻¹ (C-OH), appeared in the spectrum of ibuprofen-loaded HPMC microparticles, indicating that ibuprofen was successfully incorporated in the systems and the formulation process did not alter the drug structure. Moreover, no observable changes/shifts in these ibuprofen peaks were noted, suggesting that the interactions between the drug ibuprofen and HPMC were mainly weak bonding (i.e., van der Waals interactions and hydrogen bonding). This fact explains the relatively fast release of the drug in the in situ environment, discussed in the next section.

In situ drug release test in simulated oral cavity condition

The main purpose of this study was to develop swellable mucoadhesive HPMC microparticles for local drug delivery to the oral/buccal cavity, using ibuprofen as a model drug. Hence, we conducted the drug release experiments in *in situ* conditions, simulating the oral cavity, taking the mouth movements, and saliva flow into consideration. To this end, the pure ibuprofen aqueous suspension demonstrated a fast "release" at 5 minutes (~25%) due to its inherent low solubility in the dissolution medium (<1 mg/ml), and no additional dissolve/release drugs were noted for the remaining test



Figure 1. The particle size graph (A) and SEM micrographs of the ibuprofen-loaded HPMC microparticles in the dry state (B) and after contact with water (C). Scale bar: 200 μ m.



Figure 2. FT-IR spectrum of (A) the blank HPMC microparticles, (B) the pure ibuprofen powder, and (C) the ibuprofen-loaded HPMC microparticles.



Figure 3. The ibuprofen release patterns of the pure ibuprofen aqueous suspension and ibuprofen-loaded HPMC microparticles in *in situ* experiments, simulating the local oral cavity condition (n = 3).

duration (Fig. 3). This was because of the crystalline polymorph of the pure ibuprofen powder, which significantly hinders its solubility. On the other hand, the ibuprofen-loaded HPMC microparticles could partly sustain the drug release rate up to 2 hours (Fig. 3). The release rate of HPMC-based platforms is dependent on their viscosity, in which the high-viscosity (>4,000 cps) systems sustain the drug release and the lowviscosity (≤ 100 cps) ones rapidly release the encapsulated drugs via diffusion mechanism (Gao *et al.*, 1996). Upon contact with the *in situ* oral cavity, the particles immediately form a solid gel due to the inherent swelling property of HPMC (Fig. 1C), making it harder for the saliva flow and mouth movement to wash off the particles. Moreover, the newly formed gel slowly released the encapsulated ibuprofen into the medium, which is ideal for extended treatments in the local oral cavity.

Ex vivo mucoadhesion study

To further confirm the ability of the ibuprofenloaded HPMC microparticles to be retained in the oral cavity, the *ex vivo* mucoadhesive test was conducted, utilizing the porcine buccal mucosa. For this, the minimal required force to separate the particles that formed gel upon contacting the mucosa was approximately three times higher than that of the pure ibuprofen aqueous suspension (Fig. 4). Additionally, no significant difference in the mucoadhesive force was noted between the blank HPMC microparticles and the ibuprofenloaded HPMC microparticles, indicating that the encapsulated drug did not affect the particle mucoadhesiveness. The mucoadhesive property of HPMC has been exploited in various biomedical platforms, such as tablets and films (da Silva et al., 2021; Joshi and Chen, 2009; Kraisit et al., 2017), mainly due to its swelling property. Additionally, HPMC swelling property is proportionally correlated with its inherent viscosity (Mohamed et al., 2019). In our work, the



Figure 4. The mucoadhesive force (*N*) of the pure ibuprofen aqueous suspension, the blank HPMC microparticles, and the ibuprofen-loaded HPMC microparticles in the *ex vivo* tests with the porcine buccal mucosa (n = 3).

HPMC K100M, with high viscosity, was employed. Thus, the HPMC microparticles could easily swell upon contacting the buccal tissue and provide mucoadhesiveness. To the best of our knowledge, the HPMC microparticles' mucoadhesiveness was first investigated in this study, which reconfirmed this property of another HPMC platform.

CONCLUSION

The present work successfully developed and physicochemically characterized the swellable mucoadhesive ibuprofen-loaded HPMC microparticles for local inflammatory treatment in the oral cavity. Utilizing the simple desolvation method, the optimal formulation condition included (1) the initial ibuprofen amount of 60 mg, (2) the stirring time of 60 minutes, (3) the stirring temperature of 25° C, (4) the centrifugal time of 10 minutes, and (5) the centrifugal speed of 6,000 rpm. This condition yielded particles with a size of $13.47 \pm 0.32 \ \mu m$, an ibuprofen entrapment efficiency of $61.23\% \pm 1.04\%$, and weak interactions between the drug ibuprofen and HPMC. Compared to the free drug aqueous suspension, the drug-loaded HPMC microparticles possessed an outstanding sustained release pattern and higher mucoadhesive properties. As confirmed by the positive results, the HPMC microparticles could be further investigated to become a potential mucoadhesive drug delivery system.

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DISCLOSURES

Author Contribution: All authors made substantial contributions to the conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; agreed to submit

to the current journal; gave final approval of the version to be published; and agree to be accountable for all aspects of the work. All the authors are eligible to be an author as per the international committee of medical journal editors (ICMJE) requirements/guidelines.

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