The traditional Thai remedy Tri-Kesornmas promotes oxidative stress resistance, enhances lifespan, and reduces proteotoxicity in *C. elegans*

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ABSTRACT

Tri-Kesornmas (TK) is a traditional Thai remedy made of coral bush stem bark, lotus stamen, and bael fruit. Based on its traditional use for bringing good health and assistance in healthy aging, this study aimed to investigate the potential in oxidative stress resistance, lifespan extension, and activity against the toxic amyloid-beta (Aβ) protein in *Caenorhabditis elegans*. The herbal mixture was boiled in water, which was then spray-dried to make a dry powder. It was discovered to include flavonoids and phenolic compounds, with a protocatechuic acid level of 160.83 ± 3.91 μg in 100 mg of TK powder. The effects of survival under oxidative stress conditions and lifespan extension were studied in wild-type N2 worms. When compared to the control, TK at 10 μg ml⁻¹ increased worm survival under oxidative stress conditions (*p* = 0.0058), and TK at 10 μg ml⁻¹ and 100 μg ml⁻¹ increased lifetime (*p* = 0.0392 and 0.0020, respectively). Finally, the activity against Aβ toxicity in the transgenic strain CL4176 was assessed by paralysis delay. When TK 100 μg ml⁻¹ was compared to the control, it significantly delayed paralysis (*p* = 0.0387). It was established that TK lowered oxidative stress, increased lifespan, and decreased Aβ toxicity in *C. elegans*.

INTRODUCTION

Tri-Kesornmas (TK) is a traditional Thai medicine remedy that is comprised of three herbs in equal proportions. They are the stem bark from the coral bush (*Jatropha multifida* L., Euphorbiaceae), lotus stamen (*Nelumbo nucifera* Gaertn., Nymphaeaceae), and bael fruit (*Aegle marmelos* (L.) Correa, Rutaceae). It is commonly prescribed with other herbal medicines by traditional healers to aid patients in achieving optimal health. It is documented in several traditional medical books to restore health by overcoming imbalances of four basic elements, namely, earth, water, wind, and fire. According to the philosophy of traditional Thai medicine, these four elements must be in balance and work in harmony to maintain good health (Chokevivat and Chuthaputti, 2005). It is also commercially available as a dietary supplement to prevent age-related degeneration because of the presence of well-documented antioxidant ingredients, such as lotus stamen and bael fruit (Bhardwaj and Nandal, 2015; Chen et al., 2019; Jung et al., 2003). The formula has been integrated into the National Health Care System of Thailand since it was recorded in the National Drug List in 2013 to restore health in patients who are recovering from illnesses. It is recommended to infuse 1 g of the herb mixture in 200 ml of hot water each time and drink it four times per day.

Extensive studies have revealed that toxic oxygen species are produced from an imbalance between the production of reactive oxygen species (ROS) in tissues and the ability to remove them, causing oxidative stress and consequently stimulating chronic degenerative diseases and reducing lifespan in various aging models (Liochev, 2015; Oliveira et al., 2010). Antioxidants are believed to protect cells from these toxic oxygen species. Several studies have reported evidence that antioxidant supplementation can aid biological systems in the detoxification of toxic oxygen species. Therefore, it reduces oxidative stress and prolongs lifespan (Peng et al., 2014).

Considering that TK is a mixture of antioxidant herbs, the positive role for health provided by TK may arise from the ability to balance toxic radicals in the body. Therefore, this study aimed...
to investigate the potential oxidative stress resistance and lifespan extension ability of TK. In addition, oxidative stress is a factor that accelerates brain tissue injury in Alzheimer’s disease (AD) (Zhao and Zhao, 2013). Therefore, the activity of TK against oxidative injury caused by the accumulation of toxic proteins in the AD brain was also evaluated. The nematode Caenorhabditis elegans was used in this study. This model organism not only has a short lifespan and fast generation time but also shares several key genes with mammals, including humans. Furthermore, molecular and cellular pathways related to aging are evidently similar for both C. elegans and mammals (Prasad and Bondy, 2013). This similarity allows discoveries from studies of C. elegans to be deduced in humans.

MATERIALS AND METHODS

Plant material

Dry herbs obtained from the stem bark of the coral bush (J. multifida L., Euphorbiaceae), lotus stamen (N. nucifera Gaerth, Nymphaeaceae), and bael fruit (A. marmelos (L.) Correa, Rutaceae) were purchased from Vejjongnosot Co., Ltd., Bangkok, Thailand. They were identified and deposited in the Herbarium of the Department of Pharmacognosy, Srinakharinwirot University, Thailand. Thai Herbal Pharmacopoeia 2019 (Ministry of Public Health, 2019) was used to determine the quality of the herbs. The outcomes of the herbal material evaluations were depicted in supporting documentation (Supplementary Figs. S1–3 and Supplementary Table S1).

Preparation of the extract

The herbs were separately washed and dried in a hot air oven at 50°C until dry before grinding to a fine powder. Equal proportions were blended. Deionized water (2,000 ml) was added to the herb mixture (100 g), and it was boiled for 5 minutes. Subsequently, the herb residue was removed by vacuum filtration. After filtration, the water was removed from the filtrate using a pilot-scale spray dryer (Büchi Labortechnik AG, Flawil, Switzerland). The spray dryer’s inlet temperature was 155°C, airflow rate was 30 m³ hour⁻¹, and spray flow rate was 473 l hour⁻¹. After spray drying, the extract appeared as a pale orange fine powder, and the yield was 7.3% w/w.

Maintenance of C. elegans

The wild-type C. elegans strain N2 and the transgenic strain CL4176 were obtained from the Caenorhabditis Genetics Center (University of Minnesota). The worms were kept at 20°C (for N2) and 16°C (for CL4176) on a nematode growth media (NGM) plate with Escherichia coli strain OP50 as the food source.

Stock solutions for C. elegans assays

Stock solutions of TK were prepared using distilled water and diluted with the OP50 food source to achieve the desired final concentration for treatment.

Oxidative stress resistance assay

The synchronized larvae were exposed to various doses of TK extract at 20°C until they reached the L4 stage. Worms were placed in each well of a 96-well plate, which contained 40 μl of 100 mM paraquat (0.025 g of paraquat diluted in 1 ml of M9 buffer). The worms’ vitality was assessed hourly until no worms remained alive. When the worms did not respond to a mild touch with a platinum loop, they were declared dead (Possik and Pause, 2015).

Lifespan assay

The synchronized worms at the L4 stage were maintained in NGM plates seeded with live E. coli strain OP50 and supplemented with various concentrations of TK. When the worms reached the adult stage, they were transferred to new plates, which was considered day 1 of the nematode lifespan. Worms were transferred to freshly seeded plates every day during their reproductive period and every other day during the post-reproductive period. The number of dead and surviving worms was recorded daily until all worms were dead. Worms were scored as dead as previously described (Park et al., 2017).

Estimation of phenolic content

Twenty microliters of TK (5 mg ml⁻¹) was mixed with 100 μl of Folin–Ciocalteu’s reagent. The solution was left for 5 minutes before mixing with 80 μl of a 7.5% sodium carbonate solution. The absorbance of triplicate samples was measured at 760 nm on a microplate reader (SpectraMax M3, Molecular Devices, USA) after 30 minutes of incubation in the dark at room temperature (Zhang et al., 2006). The phenolic content was estimated by comparison to a gallic acid calibration curve ($y = 3.5359x + 0.0307$, $R^2 = 0.9995$), and the total phenolic content was expressed as gallic acid equivalents (GAE) in mg per 100 mg spray-dried powder.

Estimation of flavonoid content

One hundred microliters of TK (20 mg ml⁻¹) was mixed with 100 μl of Folín–Ciocalteu’s reagent. After 30 minutes of incubation at room temperature, the absorbance of triplicate samples was measured at 420 nm using a microplate reader (SpectraMax M3, Molecular Devices, USA) (Pejkal and Pyrzynska, 2014). The flavonoid concentration was calculated by comparison to a rutin calibration curve ($y = 3.6423x − 0.014$, $R^2 = 1$), and the results were reported as an equivalent amount to rutin (mg rutin/100 mg spray-dried powder).

Determination of protocatechuic acid using high-performance thin-layer chromatography (HPTLC)

The spray-dried powder of TK was dissolved in methanol (100 mg ml⁻¹) with the aid of sonication in an ultrasound...
bath for 10 minutes at room temperature. The calibration range for standard protocatechuic acid (ChromaDex, USA) was 200–600 ng. TK and the standard were separately applied on an HPTLC plate precoated with silica gel 60 F254 (0.2 mm thickness, Merck) using a Linomat V applicator (CAMAG, Switzerland). The mobile phase consisted of toluene:ethyl acetate:formic acid (5:4:1, v/v/v). The plates were developed up to 85% of the total plate height in a CAMAG Twin Trough Glass Chamber (10 × 20 cm) and scanned at 254 nm using a TLC Scanner 4 linked to winCATS software. The peak areas and absorption spectra were documented. The UV absorption spectrum of the standard was overlaid with the bands in the sample track to validate the identity of the sample (Verma et al., 2016). The amount of protocatechuic acid in TK was calculated using the linear regression equation \( y = 813.42x + 274.22 \), \( R^2 = 0.9991 \) derived from the calibration curves. The standard curve of protocatechuic acid and HPTLC chromatograms were shown in supporting information (Supplementary Figs. S4–6 and Supplementary Tables S2–3).

**Statistical analysis**

The experiments of the *C. elegans* model were independently repeated three times. GraphPad Prism 5 software was used to plot and analyze the survival and paralysis curves. The significance of differences was determined using the one-way analysis of variance and Dunnett’s test. Statistical significance was defined as a value of \( p \leq 0.05 \). The contents of protocatechuic acid, total flavonoids, and total phenolic compounds are reported as the means ± SD.

**RESULTS**

**Effect of TK on paraquat-induced oxidative stress in wild-type (N2) strain *C. elegans***

Paraquat was utilized to produce oxidative stress by creating ROS in wild-type (N2) worms. With a \( p \)-value of 0.0058, pre-treatment of the worms with TK at a dose of 10 \( \mu \text{g ml}^{-1} \) resulted in an increase in worm survival compared to the control (Fig. 1 and Table 1).

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Time at 50% survival (hours)</th>
<th>Number of animals (n)</th>
<th>Differences</th>
<th>Significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control (OP50)</td>
<td>1</td>
<td>37</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>TK (10 ( \mu \text{g ml}^{-1} ))</td>
<td>2</td>
<td>39</td>
<td>1</td>
<td>( p = 0.0058 )</td>
</tr>
</tbody>
</table>

**Effect of TK on lifespan extension in wild-type (N2) strain *C. elegans***

With \( p \) values of 0.0392 and 0.0020, respectively, TK at doses of 10 and 100 \( \mu \text{g ml}^{-1} \) was capable of increasing the survival of wild-type (N2) worms when compared to the control. The median lifespan was 16 days, which was 6.7% longer than in the control group (Fig. 2 and Table 2).

**Effect of TK against \( \alpha \) toxicity (paralysis assay)**

In *C. elegans* strain CL4176, TK at a concentration of 100 \( \mu \text{g ml}^{-1} \) considerably \((p = 0.0387)\) delayed paralysis, whereas TK at a dose of 10 \( \mu \text{g ml}^{-1} \) did not (Fig. 3 and Table 3).

**Chemical constituents in TK**

A chromatogram developed via HPTLC revealed a major peak corresponding to protocatechuic acid at an \( R_f \) value of 0.34 (Fig. 4). The linear regression equation obtained from the calibration curves of standard protocatechuic acid was used to calculate the amount of protocatechuic acid in TK. The quantities of protocatechuic acid, total flavonoids, and total phenolic compounds are shown in Table 4.

**DISCUSSION**

TK is a traditional Thai remedy that comprises the stem bark of the coral bush, lotus stamen, and bael fruit. It has long been valued for bringing good health and assistance in healthy aging. It has been reported to exhibit antioxidant activity by scavenging DPPH radicals (Phuaklee and Itharat, 2015). In this study, TK was prepared by boiling in water, which is similar to traditional

![Figure 1. The effect of TK on paraquat-induced oxidative stress in *C. elegans* wild-type (N2) strain. Worms were treated with either a control (OP50) or TK 10 \( \mu \text{g ml}^{-1} \) from the egg stage until they reached L4, at which point they were subjected to paraquat 100 mM. The survival rate was scored every hour until the last worm died. The survival graph was created with the GraphPad Prism software. A \( p \)-value < 0.05 was considered statistically significant.](Image)

![Figure 2. The effect of TK on lifespan extension in *C. elegans* wild-type (N2) strain. This figure compares the effects of TK at concentrations of 10 and 100 mg ml \(^{-1} \) to the control. *C. elegans* synchronized eggs were maintained at 20°C in 60 × 10 mm culture dishes containing either OP50 (control) or TK 10 or 100 mg ml \(^{-1} \). The worms were fed either OP50 or TK from the egg stage onward. The survival was scored every day until the last worm died. Statistical significance was defined as a \( p \)-value < 0.05.](Image)
utilization. TK in its liquid form was further modified to a dry powder using the spray-drying method. The spray-dried powder of TK has been demonstrated to possess flavonoids and phenolic compounds. In addition, the content of protocatechuic acid, a major phenolic compound in TK, was determined.

An oxidative stress resistance experiment was used to determine TK’s in vivo antioxidant activity. To create oxidative stress in *C. elegans*, paraquat, an herbicide that generates harmful hydrogen peroxide to raise intracellular superoxide levels, was utilized (Moran et al., 2010). The results showed that TK supported the recovery of the worms from oxidative stress.

Oxidative stress has been proposed to elicit the degradation of biomolecules, such as carbohydrates, lipids, nucleic acids, and proteins. In addition, it has been hypothesized to be a major factor that causes aging. It is obvious that the prevention of oxidative stress reduces the deterioration of these biomolecules and consequently delays aging and prolongs lifespan (Oliveira et al., 2010; Prasad and Bondy, 2013). In *C. elegans*, many studies have revealed that the lifespan extension effect is due to enhanced resistance to oxidative stress (Wan et al., 2014; Wang et al., 2020). Our findings demonstrated that TK at the concentration that showed oxidative stress resistance could lengthen the lifespan in adult *C. elegans* and that TK did not reach the toxic concentration, and lifespan extension was observed when the concentration was increased 10 times. Our observations agreed with the hypothesis that prevention of oxidative stress could delay aging.

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Median lifespan (days)</th>
<th>Number of animals (n)</th>
<th>Differences</th>
<th>Significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control (OP50)</td>
<td>15</td>
<td>89</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>TK (10 µg ml⁻¹)</td>
<td>16</td>
<td>103</td>
<td>1</td>
<td>p = 0.0392</td>
</tr>
<tr>
<td>TK (100 µg ml⁻¹)</td>
<td>16</td>
<td>92</td>
<td>1</td>
<td>p = 0.0020</td>
</tr>
</tbody>
</table>

*PT50 is time duration at which 50% of worms were paralyzed.*

### Table 3. Effect of TK on Aβ-induced paralysis in *C. elegans* strain CL4176.

<table>
<thead>
<tr>
<th>Treatment</th>
<th>PT50 ± SD</th>
<th>Differences</th>
<th>Significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control (OP50)</td>
<td>30.33 ± 0.6667</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>TK (10 µg ml⁻¹)</td>
<td>32.0 ± 1.155</td>
<td>1.67</td>
<td>No</td>
</tr>
<tr>
<td>TK (100 µg ml⁻¹)</td>
<td>32.67 ± 0.3333</td>
<td>2.34</td>
<td>p = 0.0387</td>
</tr>
</tbody>
</table>

**Protocatechuic acid (µg)**

**Total flavonoids (mgRE)**

**Total phenolic compounds (mgGAE)**

RE, Rutin equivalent; GAE, Gallic acid equivalent.

Results were expressed as the mean ± SD, n = 3.

### Table 4. Chemical composition of TK.

<table>
<thead>
<tr>
<th>Chemical compounds</th>
<th>Amount (in 100 mg spray-dried powder of TK)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Protocatechuic acid (µg)</td>
<td>226.31 ± 3.85</td>
</tr>
<tr>
<td>Total flavonoids (mgRE)</td>
<td>36.07 ± 2.09</td>
</tr>
<tr>
<td>Total phenolic compounds (mgGAE)</td>
<td>123.04 ± 5.43</td>
</tr>
</tbody>
</table>
Aging is a deleterious change in cell physiological function and is known as a risk factor for age-related disorders, such as neurodegenerative diseases (Liochev, 2015). Healthy aging is required for any person. AD is a common age-related neurodegenerative disease caused by the abnormal buildup of the toxic Aβ protein in the brain (Scheltens et al., 2016). Thus, a strategy that prevents Aβ accumulation in the brain could be useful for preventing AD. It is well documented that oxidative stress creates an environment that is favorable for the production of the Aβ protein (Cooper and Ma, 2017; Zuo et al., 2015). The potential of TK to slow the progression of age-related disorders, such as AD, was determined by a paralysis assay. In this assay, the test compound that possesses activity against Aβ toxicity delayed the paralysis of CL4176 C. elegans. CL4176 is a C. elegans strain that is genetically engineered to express the human Aβ protein in muscle cells. In the worm, expression of Aβ occurs when the temperature is upshifted from 16°C to 25°C. Consequently, it causes muscle paralysis (Luo et al., 2009). Our study revealed that TK at a concentration sufficient to prevent oxidative stress could not diminish the toxicity of Aβ in C. elegans, but a beneficial effect was observed at higher concentrations. Therefore, the depletion of Aβ toxicity may be attributed to the higher antioxidant activity.

The activities of TK are supported by the presence of protocatechuic acid as well as flavonoids and phenolic compounds. Protocatechuic acid isolated from Veronica peregrina has been proven to extend lifespan and increase resistance against osmotic, heat shock, and oxidative stress in C. elegans (Kim et al., 2014). In that study, protocatechuic acid at 100 µM (or 15.4 µg ml⁻¹) and 200 µM (or 30.8 µg ml⁻¹) has been reported to lengthen the lifespan of adult C. elegans. The content of protocatechuic acid in the 100 mg spray-dried powder of TK was 226.31 ± 3.85 µg, which was regarded to be high enough to exert the lifespan extension effect.

Flavonoids and phenolic compounds have been regarded as free-radical quenchers and have beneficial effects on oxidative stress resistance in C. elegans (Pallaf et al., 2017). The activities of TK were supported by its herbal components. For instance, lotus stamen has been reported to be a potential rich source of flavonoids and phenolic compounds and has been shown to boost stress resistance, lengthen lifespan, and prevent Aβ aggregation in C. elegans (Kampkötter et al., 2008; Regitz et al., 2014). A previous study on bael fruit in a C. elegans model revealed that bael fruit exhibited antioxidant activity under oxidative stress conditions and decreased Aβ toxicity via the DAF-16-mediated cell signaling system (Keowkase et al., 2020). DAF-16 regulates the expression of various genes related to stress responses (Murphy and Hu, 2013). Bael fruit contains phenolic compounds such as protocatechuic acid, ferulic acid, and gallic acid (Jagota and Rajadas, 2012). These compounds have been shown to prevent Aβ oligomerization, improve oxidative stress tolerance, and extend lifespan in C. elegans (Saul et al., 2011). There are few studies concerning the chemical constituents and bioactivity of the stem bark of the coral bush. However, the plant has been described to contain protocatechuic acid, and in vitro antioxidant activity has been reported (Hirot a et al., 2012). In addition to reducing the toxicity of Aβ, bael fruit and lotus stamen have been reported to have anti-AD properties by exhibiting inhibitory activities against key enzymes involved in AD, such as acetylcholinesterase, butyrylcholinesterase, and β-secretase 1 (Tansin and Sitthishaworn, 2020; Temviriyunukul et al., 2020). These results confirmed that TK, which contains flavonoids, phenolic compounds, and protocatechuic acid, has a protective effect against oxidative stress. These chemicals are thought to protect cells from toxic oxygen species. As a result, they increase lifespan and protect cells from the oxidative damage produced by the harmful Aβ protein.

CONCLUSION

The results demonstrated for the first time that TK supports recovery from oxidative stress, extends lifespan, and reduces the toxicity of Aβ in C. elegans. Therefore, the results confirmed the benefit of TK in traditional medicine for the prevention of age-related degeneration and for supportive bodies to work in harmony to maintain good health. The recommended dose for the TK herbal mixture in the National Drug List is one gram of herb per one dose. Based on the yield obtained after boiling in water and spray drying, 73 mg of spray-dried powder was equivalent to the recommended dose. Because C. elegans shares several key genes with humans, the results discovered in C. elegans have been documented to be relevant to humans. Further studies should be performed to understand the mechanism of TK in C. elegans to extrapolate the molecular and cellular pathways of TK in humans. Moreover, various chemical constituents have been reported in TK, and these compounds may work additively or synergistically to achieve activities in C. elegans. To identify a potential active ingredient in addition to protocatechuic acid, active biological markers should be clarified.

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CONFLICT OF INTERESTS

The authors declare no conflicts of interest.

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AUTHOR CONTRIBUTIONS

All authors made substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; agreed to submit to the current journal; gave final approval of the version to be published; and agree to be accountable for all aspects of the work. All the authors are eligible to be an author as per the international committee of medical journal editors (ICMJE) requirements/guidelines.

ETHICAL APPROVALS

Not applicable.

DATA AVAILABILITY

All data generated and analyzed are included within this research article.
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REFERENCES


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SUPPLEMENTARY DATA

CHARACTERIZATION OF THE HERBAL DRUGS

1. Microscopic study of the herbal drugs

1.1 *Aegle marmelos* fruit

Supplementary Figure S1. *Aegle marmelos* fruit: a) parenchyma; b) c) inner epidermis of testa; d) outer epidermis of testa; e) epidermis, f) fiber; g) Sclereid; h) epicarp; i) epidermis and parenchyma; j) parenchyma and vascular bundle. Bar represent 0.1 mm.
1.2. *Nelumbo nucifera* stamen

Supplementary Figure S2. *Nelumbo nucifera* stamen: a) pollen grain; b) sclereid of the filament; c) parenchyma of the filament; d) endothecium of the anther sac in surface view; e) endothecium of the anther sac in surface view; f) endothecium of the anther sac. Bar represent 0.1 mm.
1.3. *Jatropha multifida* stem bark

**Supplementary Figure S3.** *Jatropha multifida* stem bark: a) sclereids; b) parenchyma; c) layer of cork and cortex of bark; d) cork in surface view. Bar represent 0.1 mm.
1. Physicochemical study

**Supplementary Table S1:** Physicochemical properties of herbal drugs.

<table>
<thead>
<tr>
<th>Herbal Drug</th>
<th>Ethanol-soluble extractive</th>
<th>Water-soluble extractive</th>
<th>Total ash</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Aegle marmelos</em> fruit</td>
<td>NLT 10% w/w</td>
<td>NLT 40% w/w</td>
<td>NMT 4% w/w</td>
</tr>
<tr>
<td><em>Aegle marmelos</em> fruit</td>
<td>21.58</td>
<td>57.28</td>
<td>2.03</td>
</tr>
<tr>
<td><em>Nelumbo nucifera</em> stamen*</td>
<td>-</td>
<td>NLT 10.5% w/w</td>
<td>NMT 6% w/w</td>
</tr>
<tr>
<td><em>Nelumbo nucifera</em> stamen*</td>
<td>13.62</td>
<td>13.43</td>
<td>4.02</td>
</tr>
<tr>
<td><em>Jatropha multifida</em> stem bark*</td>
<td>7.56</td>
<td>11.46</td>
<td>-</td>
</tr>
<tr>
<td><em>Jatropha multifida</em> stem bark*</td>
<td>12.25</td>
<td>14.63</td>
<td>-</td>
</tr>
</tbody>
</table>

*Jatropha multifida* stem bark is not in the monograph of Thai Herbal Pharmacopoeia. The physicochemical parameter was compared to the previous research.

a Thai herbal pharmacopoeia. https://bdn.go.th/thp/ebook/qQOcZt1kpR9gC3q0GT5gMjq0qT5co3uw


Determination of protocatechuic acid content using high performance thin layer chromatography (HPTLC)

**Supplementary Figure S4:** Standard curve of protocatechuic acid.
**Supplementary Table S2.** Amount of protocatechuic acid and its area under the curve.

<table>
<thead>
<tr>
<th>Amount of protocatechuic acid (µg)</th>
<th>Area under the curve</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>1,869.6</td>
</tr>
<tr>
<td>3</td>
<td>2,722</td>
</tr>
<tr>
<td>4</td>
<td>3,560</td>
</tr>
<tr>
<td>5</td>
<td>4,380.4</td>
</tr>
<tr>
<td>6</td>
<td>5,107.5</td>
</tr>
</tbody>
</table>

**Supplementary Table S3.** Calculation of protocatechuic acid content in TK.

<table>
<thead>
<tr>
<th>Trial</th>
<th>Area under the curve of TK</th>
<th>Calculation of protocatechuic acid (µg)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>4,025.9 (in 2 µl of spot)</td>
<td>4.61223</td>
</tr>
<tr>
<td>2</td>
<td>3,936.5 (in 2 µl of spot)</td>
<td>4.50232</td>
</tr>
<tr>
<td>3</td>
<td>2,089.7 (in 1 µl of spot)</td>
<td>2.23191</td>
</tr>
</tbody>
</table>

**Supplementary Figure S5.** Three-dimensional chromatogram of the standard protocatechuic acid at various concentrations of TK.
Supplementary Figure S6. Overlay UV absorption spectra of the standard protocatechuic acid and TK.

254 nm