

# The Increased Expressions of Type IV Collagen in Cochlear Fibroblasts of Diabetic Rat Models Caused by Curcumin Therapy

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## ABSTRACT

Damage to fibroblasts within the cochlear lateral wall is suggested as one of the causes of hearing loss in patients with diabetes mellitus. The aim of this study was to prove curcumin as a safe and effective substance to treat the cochlear fibroblasts damage measured by the expressions of type IV collagen. Twenty-four *Rattus norvegicus* were randomly divided into 6 groups (n=4). Group I: the control group; group II: the diabetic group; group III and IV: the diabetic groups received curcumin therapy 200 and 400 mg/kgBW/day from day 3 - 5; group V and VI: the diabetic groups received curcumin therapy 200 and 400 mg/kgBW/day from day 3 - 10. Curcumin [16.62 ± 0.14]% w/w compared to Standard was administered orally, derived from *Curcuma longa* Linnaeus (turmeric). All samples were immunohistochemically examined for the expressions of type IV collagen in cochlear fibroblasts. Statistically significant differences were found for the expressions of type IV collagen (p<0.05) between group I and II, group II and V, and group II and VI. Curcumin proved to be potentially effective in the treatment of damage to cochlear fibroblasts regarding the increased expression of type IV collagen in diabetic rat models.

## INTRODUCTION

Diabetes Mellitus (DM) is a metabolic disorder characterized by high levels of blood glucose due to defects in insulin secretion and/or insulin action (Azmi *et al.*, 2015). Chronic hyperglycemia can cause some complications, including cardiac and renal dysfunction and difficult-to-treat infection (Guo *et al.*, 2015). The association between DM and sensorineural hearing loss (SNHL) has been investigated for more than a century and most authors have the same opinion about SNHL inflicted by DM (Fukushima *et al.*, 2005). DM is often accompanied by SNHL, which may affect both hearing sensitivity and cognitive function (Park *et al.*, 2012).

The relationship between DM and hearing impairment of maternal inheritance accounts for 1.5% of all cases of DM in the Netherland and Japan (Malucelli *et al.*, 2012). A histopathological study in temporal bones from diabetic animal models showed thickening of the basilar membrane capillaries, loss of inner and outer hair cells, atrophy of the spiral ganglion cells, swelling of intermediate cells and atrophy of marginal cells in stria vascularis (Fukushima *et al.*, 2005). In addition to sensory cells, nonsensory cells are also pivotal in receiving sound signals. The fibrocytes within cochlear lateral wall are nonsensory cells possessing important role in ion homeostasis and endocochlear potential maintenance in the inner ear. The degeneration of fibrocytes within cochlear lateral wall may lead to hearing loss due to the reduction in endocochlear (Mizutari, 2014). Human fibroblasts normally produce type IV collagen (Rodemann and Rennekampff, 2011). Some studies about DM demonstrated type IV collagen degradation due to the increased matrix metalloproteinase-9 (MMP-9) expressions and plasminogen activator (PA)/plasmin/PA

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inhibitor (PAI) system also plays a role in extracellular matrix (ECM) degradation (Ban and Twigg, 2008). For years, many researchers have made efforts to use natural compounds plant-derived as potential therapeutic agents for a variety of diseases in humans. Curcumin, a yellow pigment extracted from the rhizomes of *Curcuma longa* Linnaeus, is a major component of turmeric originated from Asia and commonly used as a spice and food-coloring agent. India and China use curcumin as a traditional medicine consumed concurrently with food and potential to treat various human diseases (Trujillo *et al.*, 2013). Curcumin has been discovered to possess anti-inflammatory, antioxidant, anti-tumor, antibacterial, antiviral and antifungal properties, thereby having a potential against various diseases including diabetes, allergies, asthma, neurodegenerative diseases, cancer, arthritis, atherosclerosis, and other chronic diseases (Gandhi *et al.*, 2011). Previous study reported that curcumin is considered to be pharmacologically safe and effective for the prevention and treatment of the noise-exposed damage to fibroblasts within the cochlear supporting tissues and lateral wall (Haryuna *et al.*, 2016).

Other study reported that curcumin enhanced collagen synthesis at the wound tissues (Panchatcharam *et al.*, 2006). In addition, curcumin also has been shown to interrupt numerous cell signaling pathways, including cell cycle, proliferation, survival, invasion, angiogenesis, metastasis and inflammation (Anand *et al.*, 2008). The role of curcumin to repair the damage to fibroblasts within cochlear lateral wall caused by DM through the molecular mechanisms of type IV collagen expressions has not been studied yet and serves as the focus on this study. This study was also carried out to compare the differences of type IV collagen expressions in the fibroblasts within cochlear lateral wall of Wistar rats (*Rattus norvegicus*) following the administration of 200 mg/kgBW/day curcumin and 400 mg/kgBW/day curcumin, both for 3 days and 8 days.

## MATERIALS AND METHODS

### Experimental treatments in animal models

We obtained the approval from the Health Research Ethical Committee of Faculty of Medicine, Universitas Sumatera Utara (No.433/KOMET/FKUSU/2015). This study was an experimental study on Wistar rats (*Rattus norvegicus*). The rats were males, aged 2 - 3 months, weight 200 - 250 mg and declared normally health by the veterinary consultant. This study was held in the Biochemistry Laboratory, Faculty of Medicine, Universitas Airlangga (Surabaya, Indonesia). This study used curcumin extracted from *Curcuma longa* Linnaeus (turmeric). Curcumin content levels of  $[16.62 \pm 0.14]\%$  w/w was compared with Standard using thin-layer chromatography and densitometry. Curcumin was suspended and administered to the rats using nasogastric tube.

This study used 24 rats (randomized post-test only control group design) divided into 6 groups, 4 rats in each group. Group I is the control group, rats were administered with intraperitoneal citrate buffer on the first day, followed by 0.5%

Carboxy Methyl Cellulose (CMC) orally on the third to fifth day. Hyperglycemia in groups II to VI was achieved with streptozotocin injection (Streptozotocin, Sigma-Aldrich) 60 mg/kg on the first day. Diabetes is confirmed if the glucose concentration is  $>200$  mg/dL and verified 48 hours after streptozotocin administration (Wongekin *et al.*, 2009). Diabetes was assessed by collecting the venous blood from the tail of rat using blood glucose test strips (Gluko DR® Bio Sensor Allmedicus). Rats were given 200 mg/kgBW/day curcumin orally in group III and V from the third day and 400 mg/kgBW/day orally in group IV and VI from the third day.

Termination were carried out on the fifth day for group I to IV, while group V and VI were terminated on the tenth day. Termination were carried out using ether inhalation. Termination was followed by temporal bone necropsy. Tissue were fixated and inserted into paraffin block. Paraffin blocks were sliced with a 4  $\mu$ m thickness and then placed in the object glass for staining process.

### Immunohistochemical assay

Hematoxylin and eosin (HE) staining was used to determine the cochlea. After the cochlea was visibly confirmed, we performed immunohistochemistry staining with primary antibody (Polyclonal Anti-COL4A2) to assess the expressions of type IV collagen on the fibroblasts of the cochlear lateral wall. Type IV collagen expression were furtherly assessed using microscope (Olympus XC 10) under 40x magnification, marked by brown colors in the cytoplasm of fibroblasts within the cochlear lateral wall.

### Statistical analysis

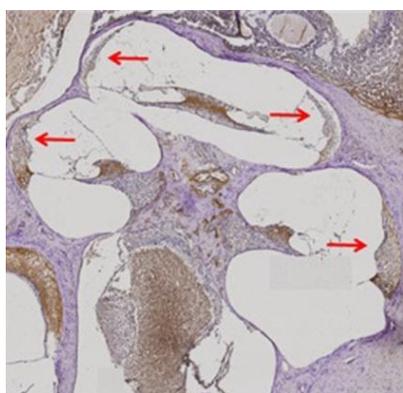
All data were analyzed using SPSS version 22 (SPSS Inc., NY, USA). Before running the analysis, we performed normality test. T-Test analysis is plotted for normally distributed data, while Mann-Whitney analysis is plotted for abnormally distributed data. A  $p < 0.05$  indicates statistically significant.

## RESULTS

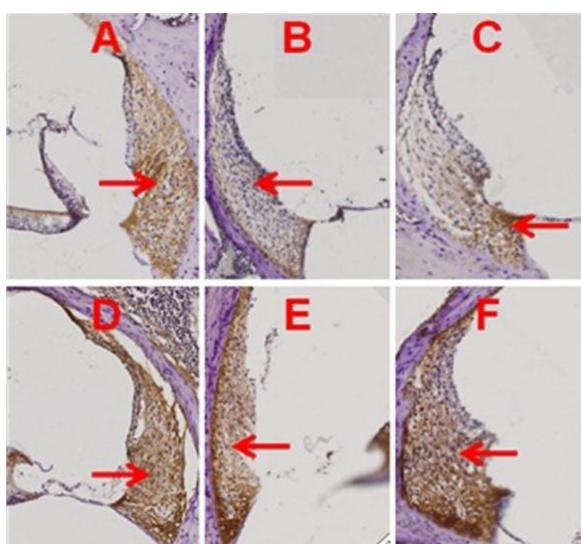
### The effect of curcumin on type IV collagen immunohistochemically

The cochlear tissues of rats were immunohistochemically examined using a microscope in order to assess the expressions of type IV collagen (Fig. 1).

The expressions of type IV collagen after being evaluated with immunohistochemistry method were found to be decreased in DM groups that did not receive curcumin (Fig. 2B) compared to other groups. The expressions of type IV collagen were found to be greater in DM groups receiving curcumin, marked by more densely brown-colored fibroblasts compared to DM groups that did not receive curcumin. (Fig. 2C, 2D, 2E and 2F).



**Fig. 1:** The immunohistochemistry status of rats' cochlear tissues examined with a microscope with a 4x magnification. Red arrows shows the cochlear lateral wall.



**Fig. 2:** Red arrows shows the immunohistochemistry of type IV collagen in fibroblasts of rats' cochlea from each group (40x zoom) with a brown-coloured expression on the cytoplasm (A) Group I; (B) Group II; (C) Group III; (D) Group IV; (E) Group V and (F) Group VI.

**Statistical analysis**

The analysis above (table 1) showed significant differences between group I and II, group II and V, and group II and VI.

**Table 1:** Analysis test results of type IV collagen expressions.

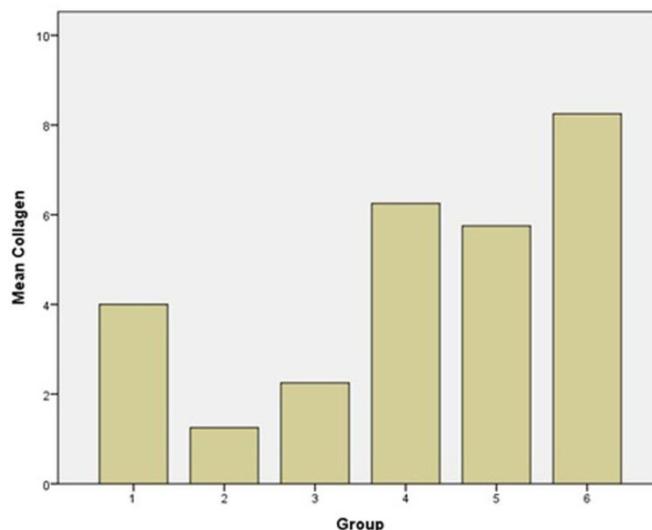
Groups	P value
Group I (CON) and group II (DM)	0.011*
Group II (DM) and group III (DM + C200 3 days)	0.155
Group II (DM) and group IV (DM + C400 3 days)	0.089
Group II (DM) and group V (DM + C200 8 days)	0.010*
Group II (DM) and group VI (DM + C400 8 days)	0.015*

CON, control; DM, diabetes; C200, curcumin (200 mg/kgBW/day, p.o.); C400, curcumin (400 mg/kgBW/day, p.o.). \*Denotes statistically significant ( $p < 0.05$ ).

**The histogram of mean values of type IV collagen expressions in each group**

The mean values of type IV collagen expressions were found to be decreased in group II (DM group that did not receive curcumin) compared to group I (control) and increased in DM

groups receiving curcumin (group III, IV, V and VI) compared to group II (DM group that did not receive curcumin) (Fig. 3).



**Fig. 3:** Mean Type IV Collagen Expression of Each Group.

**DISCUSSION**

Type IV collagen is found in the basilar membrane, spiral ligament, and stria vascularis, but how the damage to type IV collagen may lead to sensorineural hearing loss has not yet been elucidated (Keats and Berlin, 1999). According to the result of immunohistochemistry assay performed in our study (Fig. 2), the expressions of type IV collagen detected in the cytoplasm of fibroblasts within the cochlear lateral wall of the diabetic group without curcumin administration (group II) demonstrated lower density seen in the brown color compared to the control group (group I). This result proved the damage to fibroblasts within the cochlear lateral wall caused by DM viewed from the decrease in type IV collagen expressions. The damage to type IV collagen due to DM may occur in several ways as reported in the previous study which there is a plasminogen-plasmin system that degrades ECM proteins in DM, including type IV collagen. Plasmin is one of the primary catalytic activators of latent metalloproteinases (collagenase) that takes responsibility for the proteolysis of ECM proteins (Kwaan, 1992). DM is also associated with dysregulation in the circulating MMP/tissue inhibitors of metalloproteinase (TIMP) system, inflicting an increased in MMP-9 and TIMP-1, leading to type IV collagen degradation in type 1 and/or type 2 DM, even if the complications have not yet occurred (Ban and Twigg, 2008). Both MMPs and plasmin have also been implicated in the abnormal degradation ECM in DM (McLennan *et al.*, 2000). The authors believe that, in our study, all the pathways mentioned above play the role in the damage to type IV collagen on fibroblasts within the cochlear lateral wall caused by DM. The result of immunohistochemistry assay performed in our study also demonstrated the increase in type IV collagen expression detected in the cytoplasm of fibroblasts within the cochlear lateral wall of

DM groups with curcumin administration (group III, IV, V and VI) which demonstrated higher density seen in the brown color compared to DM group without curcumin administration (group II).

The influence of curcumin on the increase of type IV collagen reported in our study is supported by previous study on DM that has found the ability of curcumin in inducing the transforming growth factor- $\beta$ 1 (TGF- $\beta$ 1) to stimulate the expressions of collagen on fibroblasts (Maheshwari *et al.*, 2006). In addition, curcumin can also decrease the expressions of cytokine/inflammatory enzymes, such as MMP-9, leading to type IV collagen degradation (Kant *et al.*, 2014). The roles of curcumin explained above emphasize its benefit in treating the damage to type IV collagen, that are consistent with the results of our study on fibroblasts within the cochlear lateral wall viewed from the expressions of type IV collagen. Endocochlear potential is essential in hearing physiology (Mizutari, 2014). Sound transduction is also necessary in hearing physiology, which audible sound is delivered to nerve impulse performed by the inner hair cells when the basilar membrane is moved by the sound wave (Alberti, 2001). The tension of basilar membrane is also regulated by spiral ligament attached to it, depending on the fibroblasts in spiral ligament containing of contractile proteins. Regarding that matter, collagen plays a pivotal role to regulate the movement and elasticity of basilar membrane in the process of sound transduction (Raphael and Altschuler, 2003). Based on one of the benefits of collagen in hearing transduction, our study found that the administration of curcumin increased the expressions of type IV collagen in fibroblasts within cochlear lateral wall (group III, IV, V and VI) compared to curcumin untreated-group (group II), indicating that curcumin is able to repair the damage to the fibroblasts of cochlear lateral wall caused by DM.

In this study, we used curcumin at dose of 200 mg/kgBW/day in regards to previous study which reported that, in numerous studies conducted on animal models, curcumin at doses 100-200 mg/kgBW showed the favorable result as anti-inflammatory therapy (Kohli *et al.*, 2005). Previous study reported that curcumin at doses of up to 400 mg/kgBW/day for 10 days exerted antioxidant activity to inhibit K2Cr2O7 induction, indicating that curcumin acts as a nephroprotectant in rats (Molina-Jijón *et al.*, 2011). Other study reported that the administration of curcumin at doses of up to 2000 mg/day showed no marked side effects (Gaedake *et al.*, 2005). According to those previous studies, the authors investigated the comparison between curcumin at doses 200 mg/kgBW/day and 400 mg/kgBW/day for 8 days since both doses were considered to be safe in rats. Due to its safe dosage, we conducted this study in a shorter span within 3 days. Our statistical analysis (table 1) showed that the administration of 200 mg/kgBW/day and 400 mg/kgBW/day curcumin for 3 days increased the expressions of type IV collagen in the fibroblasts within the cochlear lateral wall of diabetic rats (groups III and IV) compared to the DM group that did not receive curcumin (group II), but the increased expressions were statistically insignificant. The significant increased expressions

were found in DM groups receiving curcumin administration with a dosage of 200 mg/kgBW/day and 400 mg/kgBW/day for 8 days (groups V and VI). This shows that curcumin administration with a dosage of 200 mg/kgBW/day and 400 mg/kgBW/day for 8 days is better than the administration of the same dosage for 3 days in repairing damage to the fibroblasts of cochlear lateral wall caused by DM through the molecular mechanisms of type IV collagen expressions.

## CONCLUSION

Curcumin is considered to be a safe and effective therapeutic agent in repairing the damage to fibroblasts in cochlear lateral wall caused by DM, which is determined through the expressions of type IV collagen. Moreover, this study thus provides more insight into the mechanism of curcumin towards the expressions of type IV collagen. This study serves as a scientific basis for the usage of curcumin in the traditional system of medicine for the management of hearing loss inflicted by DM in the future.

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**Conflict of Interests:** There are no conflicts of interest.

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